

Susan Myket, Ph.D. & Associates

Licensed Clinical Psychologists
Using Research-Supported Therapies to Enrich Families

Confidential Child and Adolescent Developmental History Form

Client's (child) Name: _____

Date of Birth: _____ Child's age when form completed _____

Name of person completing this form: _____

Relationship to client: _____ Today's Date: _____

Are you the legal guardian of the child? Yes No

If no, who is the child's legal guardian? _____

What are your current concerns about the client and/or what prompted you to seek services for him or her?

When did you first notice the concerns listed above?

Who currently lives with the client?

| Name | Age | Relationship to client | Occupation or grade in school | Highest grade completed in school (e.g., 1-12, Bachelor's Degree, Master's) |
|------|-----|------------------------|-------------------------------|---|
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Child & Adolescent History Form

Adoption History

Was the client adopted? Yes No (if no, skip to "Birth History")

Where was the client born? _____

At what age was the child adopted? _____ Is child aware of their adoption? _____

How many home placements/homes has the child had in his/her lifetime? _____

Does the child have contact with his/her biological mother and/or father? _____

Pregnancy and Birth History

This child was the birth mother's _____ (write number) pregnancy.

List any complications during the pregnancy:

List any prescription medications, alcohol, nicotine or drugs taken during pregnancy:

The child was delivered via: C-Section Vaginal Delivery

Was the child considered full term? Yes No Birth weight _____

If no, how many weeks gestation age was the child when he/she was delivered? _____

List any delivery complications:

How long was the child in the hospital after delivery? _____

Interventions required for the child after birth (phototherapy, oxygen, etc.):

Did the child's mother experience depression or anxiety in the first two years of the child's life?

Early Developmental Milestones

Please indicate the approximate age at which the child met the following milestones:

Smiled at caretaker _____

First words _____

Laughed aloud _____

First 2-3 word phrases _____

Sat unassisted _____

Pretend play _____

Crawled _____

Toilet Trained (Day) _____

Walked _____

Toilet Trained (Night) _____

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Health History - Does the child have a history of (check if applicable and explain below):

| | |
|-----------------------------|--|
| Allergies | |
| Appetite changes | |
| Asthma | |
| Emergency Department Visits | |
| Head injury | |
| Hearing problems | |
| Hospitalizations | |
| Loss of consciousness | |
| Respiratory Disease | |
| Seizures | |
| Sleep Problems | |
| Surgery | |
| Vision problems | |
| Other: | |

Please explain any checked responses above:

Child Mental Health History

Has your child been diagnosed with any of the following concerns?

| | Who diagnosed this? | When diagnosed (month/year)? |
|---|---------------------|------------------------------|
| Anxiety: General Social Separation | | |
| Autistic Spectrum Disorder: Autism Asperger's Disorder Pervasive Developmental Disorder—PDD | | |
| Attention Deficit Hyperactivity Disorder (ADHD) | | |
| Bipolar Disorder | | |
| Conduct or Behavior Disorder | | |
| Depression | | |
| Developmental Delay | | |
| Obsessive Compulsive Disorder (OCD) | | |
| Oppositional Defiant Disorder | | |
| Tic Disorder | | |
| Other (explain): | | |

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Has your child ever undergone a developmental, psychological, neuropsychological, educational or psychiatric evaluation? Yes No

| Date | Evaluator and/or Clinic name | Location | Diagnosis | Were you satisfied with the outcome? |
|------|------------------------------|----------|-----------|--------------------------------------|
| | | | | |
| | | | | |
| | | | | |

(Please bring a copy of all previous evaluation reports with you to your appointment.)

To your knowledge, has your child:

| | Yes | No |
|---|-----|----|
| Used or abused alcohol? | | |
| Used/abused drugs (prescription or illegal)? | | |
| Injured him/herself (cut, burn, pick at scabs/wounds) on purpose? | | |
| Attempted suicide? | | |
| Talked about wanting to be dead? | | |
| Threatened to hurt other people? | | |
| Been the victim of violence or aggression? | | |
| Been physically, emotionally or sexually abused? | | |

Explain:

Previous treatment/therapy (including psychiatric hospitalizations, outpatient therapy, speech therapy, occupational therapy, biofeedback, etc.):

| Type of Treatment (e.g., psychological, physical therapy) & Location | Setting (outpatient, intensive outpatient, inpatient, residential) | Date of treatment | Length of treatment | Name of treating professional |
|--|--|-------------------|---------------------|-------------------------------|
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Child & Adolescent History Form

Medication

List medications (besides antibiotics for typical childhood illnesses) that the child has taken or currently takes. Please list most recent/current medications first.

| Medication | Dose | Date started | Date stopped | Prescribed by: | Treating what? |
|------------|------|--------------|--------------|----------------|----------------|
| | | | | | |
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Family Mental Health History

Does anyone in the child's family have a history of the following mental health concerns (please check all that apply)?

| Diagnosis | Father | Mother | Sibling | Grandparent | Aunt/uncle | Cousin |
|---|--------|--------|---------|-------------|------------|--------|
| Alcoholism/Alcohol Abuse | | | | | | |
| Anorexia | | | | | | |
| Antisocial Personality Disorder | | | | | | |
| Anxiety | | | | | | |
| Asperger's Disorder | | | | | | |
| Autism | | | | | | |
| Attention Deficit Hyperactivity Disorder (ADHD) | | | | | | |
| Bipolar Disorder | | | | | | |
| Borderline Personality Disorder | | | | | | |
| Bulimia | | | | | | |
| Conduct Disorder | | | | | | |
| Depression | | | | | | |
| Developmental Delay | | | | | | |
| Obsessive Compulsive Disorder (OCD) | | | | | | |
| Oppositional Defiant Disorder | | | | | | |
| Schizophrenia or psychotic disorder | | | | | | |
| Tic Disorder | | | | | | |
| Other (explain): | | | | | | |

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Child & Adolescent History Form

School History

Current grade (if summer, what grade will the child be attending in the fall): _____

Where does the child attend school? _____

| Has your child ever: | Check if yes | Briefly explain if applicable: |
|---|--------------|--------------------------------|
| Repeated a grade or been held back? | | |
| Been expelled or suspended? | | |
| Missed more than 10 days of school in a single school year? | | |
| Had an I.E.P. or 504 Plan? | | |
| Had a significant decline in grades? | | |
| Been diagnosed with a learning disability? | | |
| Received extra support at school? | | |

Family History

Have any of the following things occurred in the family?

| | Yes | No | When (month/year): | Briefly explain: |
|--|-----|----|--------------------|------------------|
| Chronic illness: | | | | |
| Death of loved one: | | | | |
| Divorce/separation: | | | | |
| Financial Difficulties: | | | | |
| Job Loss: | | | | |
| Move: | | | | |
| Other stressful life events (explain): | | | | |

Do you have any concerns about peer relationships or your child's social skills? Yes No

Please explain:

Do you have any other concerns that have not been addressed?