Parenting a Strong-Willed Kid

Do your child's emotions seem out of control?

Do they struggle with behavior issues?

Do typical parenting strategies not seem to help??



Many common parenting strategies backfire in kids with strong-willed temperaments. Come learn research-supported techniques from child specialists who work with strong-willed kids on a daily basis. Get support from other parents who understand and will encourage you on the journey. Each week includes time for questions and answers with Dr. Myket.

Studies show that working with parents is essential to improve a kid's behavior. After all, you spend more time with your child than anyone else!

Our Group will help parents

- **❖** Understand the emotional world of strong-willed kids
- ***** Build a more positive relationship with their child
- **❖** Learn effective behavior management skills
- **❖** Apply these skills in everyday situations
- **!** Find hope and encouragement as a family

Our 12-week group for parents with kids of ALL ages meets Mondays 6:00 – 7:00pm. Conveniently meets at the same time as our *Keeping Your Cool* Group for 2nd – 5th grade children. Please contact us to register. Insurance Accepted. In-Network BCBSIL PPO.

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