

# Fun with Friends!

Social-Emotional Skills Groups for Grades K-2 and 3-5

**Would your child benefit from learning how to make and keep friends?**

**Would you like to see them improve how they manage their feelings and behavior, so they can more fully enjoy their relationships?**



## Fun with Friends Skills

- ❖ Paying Attention
- ❖ Problem-Solving
- ❖ Managing Frustration
- ❖ Handling Worries
- ❖ Understanding Others
- ❖ Connecting & Respecting
- ❖ Perspective-Taking
- ❖ Handling Peer Pressure
- ❖ Celebrating What We've Learned

Our 8-10 week Social-Emotional Skills Groups help kids learn skills for making & keeping friends and identifying & managing their emotions and behavior. Groups are a great place to learn and practice new skills with supportive peers. Each week includes a parent meeting to explain the skills and keep parents informed. Groups form on an as-needed basis, so please contact the practice to express your interest. Insurance Accepted.

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