

Child, Teen & Parent Support Groups Available

# Promoting Health

*Youth with Chronic Illness are at significantly greater risk for psychological illness than their healthy peers.*

- ❖ Do you know a child or teen with a chronic illness who struggles to manage their illness?
- ❖ Are they embarrassed to talk about it with friends?
- ❖ Do they struggle with “feeling different?”



Our groups provide a place where kids can benefit from the support of others who struggle like them. Skills-based groups teach Coping, Relaxation, Stress Management, Communication, Problem-Solving & Self-Esteem.

For information, call **The Pediatric Psychology Clinic @**

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